

WHO IS DR. MARIAH?

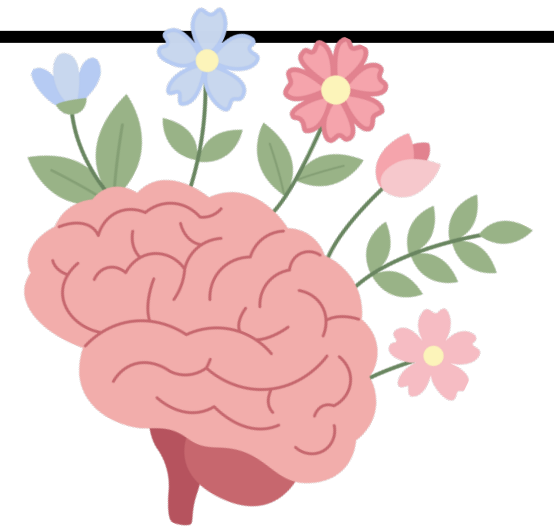
THE NEWEST CHIROPRACTOR AT MACLEAN

5 Years In Practice

Dr. Mariah is in her 5th year of practice. She graduated from the University of Western States with her Doctor of Chiropractic and a Bachelor's degree in Human Biology. She also holds a Bachelor's Degree in Kinesiology with a Minor in Psychology from UBC.



Whole-Person Approach



Dr. Mariah likes to get to know you! She believes that there is more to care than just your injury. She wants to help you build healthy habits, learn ways to self-manage your pain, gain strength and knowledge. Her main goal is to give you the tools to move confidently without feeling limited by fear of injury.

Dr. Barb's Endorsement

"After getting to know Dr. Mariah and learning more about her approach to patient care, I felt she would be an excellent addition to our clinic. I have been impressed by her clinical skills, thoughtful assessment of patients, and genuine desire to help people achieve their health goals. Her compassion, professionalism, and commitment to continued growth align well with the values we have built our practice on over the past 30 years."

Tools & Techniques

Dr. Mariah uses a variety of tools to care for you! Including but not limited to: Manual Chiropractic Adjustments, Soft Tissue Release (think ART!), Massage, Instrument Assisted Soft Tissue Release, Cupping, Joint Mobilizations, Mulligan Mobilization, Traction, Kinesiotaping, Drop Table Adjustments, Activator, Exercise modification and prescription.

Availability

Tuesday & Thursday:

10:30am - 1:45pm
2:45pm - 6:00pm

Wednesday:

10:00am-1:15pm



Okay, but who IS she?!

Basically, a human golden retriever who just got married in May 2026 and is really excited to help people. She loves to cook, wakesurf, play pickleball (poorly), wrestle her dog, attend Lagree, perfect her espresso pour, listen to audiobooks, & try to keep her house plants alive.



WHAT HER PATIENTS SAY



Dr. Mariah is one of the best chiropractors I've seen. She is such a thorough and kind-hearted person. She also does a great job explaining what she's doing and why. The list goes on with her... highly recommend!

Meghan F.



I have had chronic back issues all my life and have seen several chiropractors. To date, my appointments with Dr. Mulligan have by far been the most successful. Both her initial assessment and the ones each time I visit are very detailed and thorough. She is very in tuned and I have never felt rushed. She has incredible knowledge and a warm and witty presence which made me trust her from the start. She was recommended by a friend whose family members also see her. She always checks in with me step by step, is gentle with no surprises and I feel provides top-notch care. Her wonderful sense of humour is a bonus. Dr. Mulligan works with others on her team that I see to be sure every one is on the same page.

Janis. T



Love going in. Dr. Mulligan is exceptional. She's friendly and fun. We always have lots of laughs and stories to tell each other. She's kind and careful when giving me my back or neck or whichever body part needs a "fix".

Barb. W